

Sacred Heart of Jesus {9 First Fridays}

The authentic texts as found in the writings of St. Margaret Mary (Jesus said):

1. I will give them all the graces necessary for their state of life.
2. I will give peace in their families.
3. I will console them in all their troubles.
4. I will be their refuge in life and especially in death.
5. I will abundantly bless all their undertakings.
6. Sinners shall find in my Heart the source and infinite ocean of mercy.
7. Tepid souls shall become fervent.
8. Fervent souls shall rise speedily to great perfection.
9. I will bless those places wherein the image of My Sacred Heart shall be exposed and venerated.
10. I will give to priests the power to touch the most hardened hearts.
11. Persons who propagate this devotion shall have their names eternally written in my Heart.
12. In the excess of the mercy of my Heart, I promise you that my all powerful love will grant to all those who will receive Communion on the First Fridays, for nine consecutive months, the grace of final repentance: they will not die in my displeasure, nor without receiving the sacraments; and my Heart will be their secure refuge in that last hour.



Immaculate Heart of Mary {5 First Saturdays}

Our Lady of Fatima asked that, in reparation for sins committed against her Immaculate Heart, on the first Saturday of five consecutive months the Catholic:

1. Go to Confession (within 8 days before or after the first Saturday)
2. Receive Holy Communion
3. Recite five decades of the Rosary
4. Keep me company for fifteen minutes while meditating on the fifteen mysteries of the Rosary

She promised that, whoever would do this would be given at the hour of his death, the graces necessary for salvation.

Note: One must be in a state of Grace at death to gain these promises. Mortal sin destroys these gifts.

